

**A
BOOKE OF
AYRES**

Thomas Campion / Philip Rosseter

1601

The second Booke

XVIII. What is a daie.

What is a day, what is a yeere
Of vaine delight and pleasure ?
Like a dreame it endlesse dies,
And from vs like a vapour flies,
And this is all the fruit that we finde,
Which glorie in worldly treasure.

He that will hope for true delight,
With vertue must be graced,
Sweete follie yeelds a bitter tast,
Which euer will appeare at last,
But if we still in vertue delight,
Our soules are in heauen placed.